



# Counselling

For Women & Children  
who have or are  
experiencing  
domestic violence



**DOMESTIC VIOLENCE  
RESOURCE SERVICE**  
(MACKAY & REGION) INC.

Please Phone: 07 4957 3888  
This is a FREE service

Email: [admin@domesticviolenceservice.com.au](mailto:admin@domesticviolenceservice.com.au)

# Women's Counsellors help with:

- Self Esteem Building
- Strategies for protective behaviours
- Understanding the effects that domestic violence has on women and children
- Assertive Skills
- Emotional Healing
- Referrals to other services
- Personal Support
- Case Management/ Counselling
- Crisis Support
- Identifying the types of abusive behaviours



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